



Click Here: How Internet Use & Social Media Affect Children

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May 27, 2025

Noon - 1:00 P.M.

Virtual Meeting



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Overview

Primary care clinics are on the front line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their 'medical home' providers to initiate care.

CPAN's aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

Learning Objectives

At the end of this presentation, participants should have increased information to:

- Describe the effects of social media and internet usage on children and teens.
- Apply strategies to improve healthy browsing habits.
- Communicate practical ways for parents to monitor and encourage safe internet usage.

The University of Texas at Tyler Health Science Center is accredited by the Texas Medical Association to provide continuing medical education for physicians. The University of Texas at Tyler Health Science Center designates this live educational activity for a maximum of **1.0 AMA PRA Category 1 Credit™**. Participants should only claim credit commensurate with the extent of their participation in the activity.

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